## January 2020



Newsletter



#### Ramblings from the Rectory: January 2020

A Happy and Blessed New Year to you all!

Last month I made a resolution to myself to take the time to stop and to reflect. Now January is here I have to confess that I haven't always managed to keep that resolution. There have been days when I have rushed into the early morning to get things done ready for later, then suddenly the day was over, with me left reeling. I have though sometimes managed to keep times of quiet during the day, and it has felt good when I could. I am better for it mentally, and spiritually; and I think physically too.

I know the value of taking the time to stop and let some quiet (perhaps even silence) deep into me. Then I find I can listen to the people around me, and even perhaps have a chance of listening to God. So my New Year's resolution is to keep going with my Advent/Christmas resolution.

Brother Roger, the founder of the Taizé Community said, "Contemplation is nothing more than one's whole person being seized by the reality of God's love." So with new enthusiasm, I am going to stop at the beginning and end of each day, focus on my breathing and let it settle. Into the quiet I will bring all of the events that are planned or completed for that day and thank God for the specialness of each one (even the sad or difficult ones). Then my resolution is just to be still and quiet for a while, listening for a still small voice that I know is there inside, waiting to be heard.

A resolution to let Jesus reveal more of himself to me this New Year, I invite you to join me.

Nigel.

#### <u>Harleston - St John's</u>

**Tuesday Informal Singing** is every Tuesday from 11.00am to 12 noon. Refreshments available.

Winter Light Lunches are on Tuesday 21st January at 12noon. Cost is £5 which includes pudding.

**Community Lunches** are on Tuesday 28th January at 12noon. No charge but donations welcome.

**Midweek Mingle** every Wednesday in term time from 9.15am to 11.30am. Tea, coffee and toast available. Everyone welcome.

#### Scole - St Andrew's

Toddler Group: Scole Church, Wednesday, term time only 9 am to 10.30 (ish!)



Hope you all had a lovely Christmas

And

A Happy New Year

To all



with Light Supper

## SATURDAY I I TH JANUARY

**Brockdish Village Hall** 

(Bring your own drink)

7.30pm for 8pm start

Bookings only - Tickets £5 Jan 01379 668630





www.7churches.org.uk

## The Annual Quiz Saturday 25th January Thorpe Abbotts Village Hall Commencing 7.30pm

Light Supper, Bar, Raffle

£6 per p<mark>erson</mark>

(tables up to 6) In Aid of Church and Fabric Funds

Please book, no tickets available at the door

Contact: Simon Beet 01379 668132 or any member of the PCC.

#### St Peter's - Needham

**St Peter's Church Annual General Meeting** is to be held on January 30th at 7p.m in the church. Gill Powell will be standing down as secretary + doing the cleaning so if anyone would like to take on either task please contact

Reverend Nigel Tuffnell.

Thanks to everyone who came to help at the church yard tidy up in November at St Peter's, it was really appreciated.

Gill Powell

#### **World Day of Prayer Craft Day**

Saturday, 11th January 2pm to 4pm

Αt

St John's Harleston.

Craft day to get ready for the world day of prayer.

#### PLEASE PRAY FOR

Jane Debenham, Ken Deighton, Fran Pitt-Pladdy, Jean Roper, Lyn Veness, Maurice & Frances Cormack, Paul With and Paul Cooke, Marian Courtney.

If you have a loved one who is very ill and would like them to be on our prayer list then please get in touch with one of our ministers. (details on the back).

### NATURAL FOOT CARE

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# CHRISTIAN MEDITATION

STILLNESS, MINDFULNESS, CONTEMPLATION

Free & Open to All

Monthly on a Wednesday - 7.30pm to 8.30pm

8th January-5th Febuary

4th March - 1st April 6th May - 3rd June

Oasis Prayer Space

Archbishop Sancroft High School, Harleston

Revd Nigel Tuffnell - 01379 308905 rector@7churches.org.uk

#### THE REGISTERS - 13TH NOVEMBER TO 12TH DECEMBER 2019

#### **Baptism**

23rd November Leo Davis at St John's Harleston
1st Dec Fletcher North St Peter's Needham

#### **Funerals and Interments**

15th Nov Maureen Fanning at St Mary's Redenhall

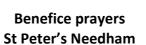
20th Nov Roy Renaut at St John's Harleston

22nd Nov Elizabeth Rogers At St Peter's Needham 26th Nov Lenny Havers at All Saints Thorpe Abbotts 11th Dec Margaret Knights at St Andrew's Scole



#### **7CHURCHES BENEFICE SERVICES**

Benefice prayers
St Peter's Needham
Sunday, 5th January 4.30pm



Sunday, 12th January 4.30pm

Celebration Service St Andrew's Scole

Sunday 26th January 4.30pm



#### WEEKDAY SERVICES AND PRAYERS

Tuesdays 9.30am Short Prayer Time - St John's, Harleston.

Friday 10th 7.30pm Prayers for Harleston - Oasis Prayer Space,

January Archbishop Sancroft High School, Harleston.

Thursdays 9.15am Short Worship & Prayer - St Andrew's, Scole.

10.00am Said Holy Communion - St John's, Harleston.

### Pledge to Protect the Planet

In their words: Reminder number 5

To celebrate Earth Day Harleston Primary Academy pupils sent messages to everyone asking for our help to Protect the Planet and why:

# 'Don't leave the tap running while brushing your teeth'

Good advice from Harriet ... bothering about the little things is the first step to trying to save water in many other ways too.

We need the Planet ... the Planet needs us ... and we all need each other ... if we don't act, who will?

Time for Action ... here ... NOW

#### **JANUARY SERVICES AND READINGS**

Sunday	9.30am	Morning Prayer	St Peter & St Paul, Brockdish				
5th JAN	9.30am	Holy Communion	St Leonard's, Billingford				
Epiphany	9.30am	Holy Communion	St Mary's, Redenhall				
(White/Gold)	11.00am	Holy Communion	St John's, Harleston				
	11.00am	Holy Communion	St Andrew's, Scole				
Ephesians 3.1-12 / Matthew 2.1-12							
Sunday	9.30am	Holy Communion	All Saints, Thorpe Abbotts				
12th JAN	9.30am	Morning Prayer	St Peter's, Needham				
Epiphany2	9.30am	Morning Prayer	St Peter & St Paul, Brockdish				
(White/ Gold)	11.00am	Holy Communion	St John's, Harleston				
golu)	11.00am	Morning Prayer	St Andrew's, Scole				
	6.00pm	Joining with Wortwell	St Mary's, Redenhall				
		Chapel					
	Ac	ts 10.34-43 / Matthew					
Sunday	9.30am	Morning Prayer	St Leonard's, Billingford				
19th JAN	9.30am	Holy Communion	St Peter & St Paul, Brockdish				
Epiphany 3	11.00am	Holy Communion	St John's, Harleston				
White	11.00am	Informal Worship	St Andrew's, Scole				
	4.00pm	Compline	St Mary's, Redenhall				
1 Corinthians 1.1-9 / John 1.29-42							
Sunday	9.30am	Morning Prayer	St Peter & St Paul, Brockdish				
26th Jan	9.30AM	Morning Prayer	St Mary's, Redenhall				
EPIPHANY 4	9.30am	Holy Communion	St Peter's, Needham				
WHITE	11.00am	Morning Worship	St John's, Harleston				
	11.00am	Holy Communion	St Andrew's, Scole				
	4.30pm	Celebration Service	St Andrew's, Scole				
1 Corinthians 1.10-18 / Matthew 4.12-23							

#### **CONTACT LIST**

#### **Ministry Team**

Rector: Revd. Nigel Tuffnell

01379 308905 or rector@7churches.org.uk



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#### 7churches Administrator - Helen Orford

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#### **Churches**

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Jan Croxson	01379 668630
Ann Cork	01379 668635
Christine McDonald	01379 669116
Pauline Greenard	01379 740730
Sue Redgrave	01379 740837
Lynda Mansfield	01379 740401
	Maureen Youngman Michael Clark Gill Powell Jan Croxson Ann Cork Christine McDonald Pauline Greenard Sue Redgrave

#### **Schools**

Archbishop Sancroft High School (CofE Academy)

	Mr R Connelly	01379 852561
Harleston CE Primary Academy	Mrs L Blofield	01379 853211
Scole CEVC Primary	Mrs C Vosper	01379 740654

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